

NOW  
ROLLING  
YOUR WAY!



# MOBILE SAUNA!

Presented by:  DS INSTITUTE



## WHY A MOBILE SAUNA?

- \* Introduce sauna culture to new people.
- \* Create opportunities to sauna in new contexts.
- \* Reimagine the commons.
- \* Spark temporary autonomous zones.



## WHAT'S IN THE SAUNA?

- \* Rejuvenating, luxurious heat.
- \* Easing of stress and relaxation of stiff muscles.
- \* Improved circulation & cleansing of skin's pores.
- \* Toxin elimination, including BPA from the body.



## WHAT TO EXPECT

- \* No metal on the outside of the body (jewelry, etc).
- \* No glasses.
- \* No lotions.
- \* Wear as little or as much as you want, but sit on your towel!

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